

# Trauma-Informed Practices Workshops



E D U C A T I O N

Knowledge. Outcomes. Impact.

## Trauma impacts student learning

One in three children experience trauma before the age of sixteen. Traumatic events and chronic stress can undermine a student's ability to learn, form relationships and behave appropriately in the classroom.

Students impacted by trauma often experience:

- Decreased ability to focus, organize and problem solve
- More receptive or expressive language difficulties
- Higher absenteeism
- Increased suspensions
- Decreased academic achievement



## Creating a culture of trauma-informed practices

A trauma-sensitive environment is safe, consistent and predictable. Practices that enable students to build caring relationships with adults and peers, and to self-regulate their emotions and behaviors, have been taught to and implemented by all staff.

Children and adolescents served by trauma-sensitive organizations benefit from more time spent on learning, reduced disciplinary referrals, improved relationships with peers and adults, and supportive teaching in the classroom.

Staff that learn to build a culture of trauma informed practice are more likely to be able to help interrupt cycles of trauma and promote the health and success of individuals, organizations and communities.

See reverse side for list of workshops

To schedule your training email KOI at: [info@koi-education.com](mailto:info@koi-education.com) or call 480-420-6564



# Trauma-Informed Practices Workshops



All students deserve a quality education. Contact us to find out how to make your school a more effective learning environment that is predictable, equitable, positive and safe for everyone.



## Professional Development Opportunities

### Trauma Informed Practices for Schools

One out of three children in the United States will experience at least one traumatic event by age sixteen. These experiences frequently elicit a traumatic stress response, which can impact students' learning, relationships, and their ability to self-regulate their behavior. This training will equip participants with the knowledge and skills to help traumatized students thrive. *6 professional development hours*

### Trauma Informed Schools

Traumatic experiences for children may result in students with higher absenteeism, decreased ability to focus, organize and problem-solve and increased suspensions. This training will share the research on trauma in youth and the best practices that can be implemented to increase their capacity for success. *1-2 professional development hours*

### Using PBIS to Help Organizations Become More Trauma Sensitive

In this training, we will review the concept of Trauma-Sensitive Organizations and how schools and other agencies can build on PBIS efforts by providing universal supports (Tier 1), targeted supports (Tier 2) and intensive supports (Tier 3) that can increase an individual's strengths and address the needs of youth affected by trauma. *1-2 professional development hours*

### Crisis De-escalation

This workshop teaches the levels of crisis escalation and the appropriate staff response to de-escalate a child who is losing emotional control. Participants will practice effective de-escalation and personal safety techniques, discuss and practice how to avoid triggering a student, and learn how to talk a student through an incident that has occurred to encourage self-management skills in the future. *6 professional development hours*

### Suicide Prevention

This critically important workshop reviews normal adolescent development and indicators of development that are abnormal. Signs and symptoms of adolescent depression and suicide are discussed in comparison to depression experienced by adults. Participants will recognize the differences and identify how to address the signs and symptoms and connect a young person to appropriate interventions. *1-2 professional development hours*