Frequency Record

Use this data sheet to record behaviors that have a clear beginning and end. Record each time that the behavior is observed. This count will determine if a behavior is increasing or decreasing.

Name:	Start Date:
Behavior:	
Mastery:	

Instructions:

- 1. Record name, date, behavior, and criterion for mastery.
- 2. Shade in one box each time the target behavior is observed.
- 3. Data automatically forms a bar graph picture of the behavior.

Date										
Trial										
Trial 20.										
19.										
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