

Lesson Plan to Responsible in Restrooms

Step 1: Identify the desired behavior and describe it in observable, measurable terms.

- Go
- Flush
- Wash
- Leave
- Find Help

Step 2: List a rationale for teaching the behavior (Why is it important?)

- Use the restroom quickly, quietly, and respect personal space.
- Leave the toilet ready for others.
- Wash to keep germs away.
- The restroom is not a place to gather.
- Keep the restroom safe and in working order.

Step 3: Identify examples and non-examples of the desired behavior (What would the behavior look/sound like? What would the behavior not look/sound like?)

Examples	Non-examples
<ul style="list-style-type: none"> • Students do their business and get out quickly and safely. • Flush the toilet with minimal use of toilet paper. • Wash hands with soap, and dry them quickly. • Get in and get out. • Report problems with toilets or wash areas to an adult. 	<ul style="list-style-type: none"> • <i>Students playing in restroom.</i> • <i>Student putting too much toilet paper in the toilet, clogging it up.</i> • <i>Student splashing water on floors and on other people.</i> • <i>Hanging out with friends and not going to class.</i> • <i>Causing problems in restroom and not reporting others who are causing problems.</i>

Step 4: Practice/Role Play Activities
Model expected behavior (I do): In classroom, talk about the appropriate behaviors on the matrix. Explain what they mean and look like. Model the behaviors for the students in classroom and then at the restroom.
Lead students through behavior (We do): Take students to the restroom area. Review the expected behaviors. Have some students show others what it looks like when following the matrix.
Test to ensure students understand behavior (You do): Have individual students demonstrate the behaviors that are expected. <u>Ask:</u> What should you do when you enter the restroom? What should you do if a toilet is overflowing or broken? <u>Show:</u> Show me how to wash and dry your hands. Show me what you would do if there is a problem in the restroom.
Step 5: Provide opportunities for practice
<ul style="list-style-type: none">• Go to the restroom in groups to practice the appropriate behaviors.• Send small groups to the restrooms with other adults to practice behaviors.• Give individuals opportunities to demonstrate the appropriate behaviors. Point out to students when their behavior is appropriate so all students continue to see good modeling.